

FOLLOW ÖSSUR ON

Össur South Africa Units 4, & 5, 3 on London Brackengate Business Park Brackenfel Cape Town 7560





@ ÖSSUR, 06, 2014

VENACTIF® COMPRESSION HOSIERY FOR A HEALTHIER LIFE

When worn on a daily basis, compression hosiery has proven effective in the treatment of heavy or painful legs. It compresses the veins, facilitating the flow of blood from the feet to the heart and providing instant relief.

For it to be effective, compression hosiery must be worn every day.

WEARING



Putting on your compression hosiery requires a slightly different approach to traditional hosiery.



- A Roll the product down to the heel. Then steadily push your foot in until the heel is firmly in place.
- B Gradually unroll the stocking or sock along the leg by way of light, even movements. For increased comfort, tug the material gently from right to left in order to distribute it evenly and avoid folds.



To make fitting easier, we suggest that you thoroughly dry your skin before putting on your compression hosiery.

To prevent tears and ladders (caused by nails, rings, etc.), wear simple plastic gloves, such as household cleaning gloves.

To get rid of folds and creases, try rubbing with gentle, upward movements of your hand.

WASHING

To ensure your VENACTIF [®] product retains its elasticity and doesn't slip, we recommend washing after each and every use.

Regular washing does not damage the hosiery – it actually prolongs its lifespan.

- Wash on 'delicate wash' cycle at $40^\circ\,\text{C}-\text{wash}$ daily and preferably in a mesh bag
- Use mild detergent and NO fabric softener to protect the fibres and silicone on the anti-slide band

0000

- Dry on a flat surface away from heat sources no clothes racks, radiators or tumble driers etc
- Do NOT iron or dry clean both will compromise the product significantly





Avoid letting the silicone anti-slide band come into contact with any greasy substance such as moisturising cream or oil.

Wipe the silicone band once a week with cotton wool soaked in alcohol.